

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Natasha Herbert**

Has successfully participated & completed the  
**5km Shift Wellness - Trail Run, The Shift Series**  
held at Walter Sisulu Garden.

**TIME 00:37:32**

**PACE 07:30/km**  
**OVERALL 12 of 97**

**GENDER 4 of 66**  
**OPEN 2 of 30**

23 June 2019, Sun

Date



*BoutTime*

Signature

